

# AMERICO

O R I G I N A L

## Whistler Cowl

Designed by Luisa Gam



Skill Level	Intermediate
Techniques Used	Knit, purl, cables
Gauge	22 stitches and rows = 4 inches (10 cm) in pattern using 5.5 mm (US 9) size needles or size needed to achieve gauge.
Materials	3 Skeins of Americo Mezcla de Lujo, (70 % Merino Wool, 30 % Cashmere) 100 g / 218 yards (200 m) 5.5mm (US 9) needles Cable needle Stitch marker Yarn needle or crochet hook

### Abbreviations and Terminology

K, k	Knit
P, p	Purl
//M//	Denotes a stitch marker on the needle
RS	Right Side of work or right side of fabric
WS	Wrong side of work
CN	Cable needle
LC	Left cross cable; slip stitches to a cable needle and hold in front
RC	Right cross cable; slip stitches to a cable needle and hold in back

### Reversible Ribbed Cable Stitch (multiples of 24)

12-st LC: slip 6 stitches from left needle to a cable needle and hold in FRONT, (k1, p1) 3 times, work sts from cn as follows; (k1, p1) 3 times.

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12-st RC: slip 6 stitches from left needle to a cable needle and hold in BACK, (k1, p1) 3 times, work sts from cn as follows; (k1, p1) 3 times.

## NOTE

We used a modified 3 needle bind off technique for the finishing on our sample. If you prefer an easier version, simply cast-on right away with your working yarn and end by seaming the cast on edge to the cast off edge.

For the modified 3-needle bind off technique: using a scrap piece of yarn in a contrasting colour and 5.5 mm (US 9) size needles, cast on 72 stitches. Change to your main colour and work to the end but leave your stitches on the needle. Unpick the provisional scrap yarn from the cast on edge, placing the stitches on a spare needle. Join the cast on edge to the cast off edge using a 3-needle bind off: [www.knittinghelp.com/videos/binding-off](http://www.knittinghelp.com/videos/binding-off)

## Instructions

Using 5.5mm (US 9) needles, cast on 72 stitches.

## Pattern:

Rows 1-2: \*k1, p1; repeat from \* to end.

Row 3: \*12-st LC, (k1, p1) 6 times; rep from \* to end

Rows 4-8: \*k1, p1; repeat from \* to end.

Row 9: \*(k1, p1) 6 times, 12-st RC; rep from \* to end

Rows 10-12: \*(k1, p1); repeat from \* to end of row.

Repeat rows 1-12 for 25 repeats.

Cast off depending on your chosen cast on method.

## Finishing

Sew in all loose ends.

Pattern last updated: January 20, 2014

Photos available online: [www.americo.ca](http://www.americo.ca)

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